



Research article

Long-term memory of real-world episodes is independent of recency effects: magic tricks as ecological tasks

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ABSTRACT

How episodic memories decay is an unresolved question in cognitive neuroscience. The role of short-term mechanisms regarding the decay of episodic memories is circumscribed to set the maximum recall from which a monotonic decay occurs. However, this sequential view from the short to the long-term is not compulsory, as short-term dependent memory gains (like recency effects when memorizing a list of elements; serial-position effects) may not be translated into long-term memory differences. Moreover, producing memorable events in the laboratory faces important challenges, such as recreating realistic conditions with elevated recall, or avoiding spontaneous retrievals during memory retention (sociocultural hooks). The current study proposes the use of magic to enhance the study of memory. We designed a sequence of magic tricks performed live on stage to evaluate the interaction between memory decay and serial-position effects of those tricks. The audience was asked to freely recall the tricks at four different timepoints: just after the show, 10 days, 1.5 months and 4.5 months. We discovered serial-position differences after the show that were no longer present later on, suggesting that short-term memory gains do not translate into the long-term. Illustrating the power of naturalistic stimuli to study long-term memory while interrogating the interaction between short-term and long-term mechanisms, this work is, to our knowledge, the first scientific study of the memorability of magic tricks.

1. Introduction

The study of episodic memory, the memory of our everyday personal experiences (Tulving, 1972), is challenging when aiming for naturalistic conditions (Chow and Rissman, 2017; Plancher and Piolino, 2017) for different reasons. The fact that episodic memories are formed after a single exposure constitute a critical inconvenience in terms of sample size (Davachi and DuBrow, 2015). Besides, increasing the complexity of naturalistic stimulus complicates memory evaluation: while simple stimuli are easily testable, complex ones are more susceptible to subject variability. The complexity of the stimulus is related to its emotional relevance; it should be high enough to have detailed memory recall long time after but avoiding stressful or traumatic experiences (Gold et al., 2001; McGaugh and Roozendaal, 2002; Hirst et al., 2009). Finally, memory consolidation is critically affected by how frequently a memory

is retrieved (Hebb, 1961; Sara, 2000; Hardt et al., 2009; Alberini, 2011). Episodic memories are easily retrieved when they have multiple associations (Hargreaves et al., 2012). Retrieving part of a memory reinstates the rest of it (Horner et al., 2015), so it is likely that memories with more sociocultural associations are easily spontaneously retrieved. In each of these spontaneous retrievals, the memory can be contaminated, so finding naturalistic events with minimal conscious retrieval is key. Therefore, the ideal stimulus to study episodic memory formation would be a complex one, easily testable, with elevated recall in the long-term, and minimal spontaneous retrieval.

Magic tricks fulfill most of the requirements previously exposed to study episodic memory. In Figure 1, we provide a schematic view of the relevant aspects we think distinguish magic from other stimuli: First, magic tricks are much more ecological (reproducing a real event) than lists of numbers or virtual reality environments. Second, magic tricks

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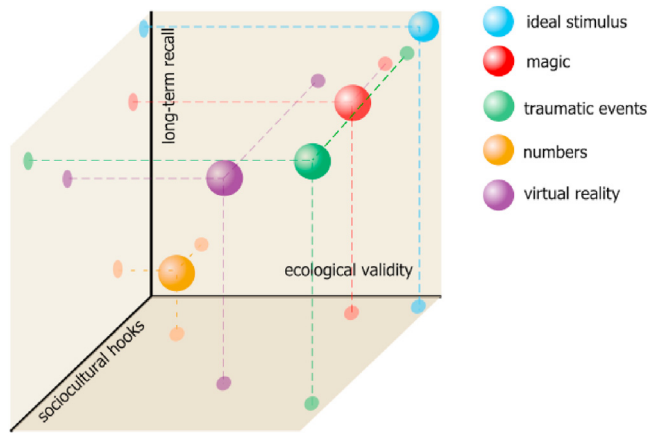


Figure 1. Magic tricks as stimuli to study episodic memory. Comparison of magic tricks with other stimuli to study episodic memory: they have the closer theoretical spatial distance towards the ideal stimulus: maximal ecological validity and long-term recall and minimal sociocultural hooks.

apparently have stronger long-term recall compared to numbers or ordinary events and, finally, due to the feature of impossibility of magic tricks, they are less likely to generate sociocultural associations that facilitate their posterior spontaneous retrieval. This last point is opposed to traumatic events which have both elevated recall and ecological validity but also strong sociocultural associations. Taking these three domains into account, we think magic tricks could have the closest theoretical distance to the ideal stimulus to study episodic memory.

Magic tricks have been used in neuroscience to explore attention (Kuhn and Teszka, 2015); perception (Ekroll et al., 2017) or decision-making (Shalom et al., 2013; Olson et al., 2015) but they have never been used experimentally to study memory processes. Magicians are aware of the relevance of memory processes for creating their tricks. Juan Tamariz, a renowned Spanish magician pioneer in the role of memories in magic tricks wrote: “The magician has to know how to cause gaps in the memory of the spectators to make them forget what we want for the magic effect, or make them believe they remember things that did not really exist...” (Tamariz, 1988). The intuition of Tamariz that magic tricks interact with all sorts of memory processes of the audience has just been recently supported by theoretical neuroscience (Macknik et al., 2008; Quian Quiroga, 2016; Bestue, 2019; Camí et al., 2020).

Magic effects are relatively untapped tools to evaluate several cognitive processes, including those that involve episodic memory (Camí et al., 2020). Little is known about memory decay of magic tricks -which parts or details are best remembered- or the relevance of serial-position effects. These phenomena are of high interest both for neuroscience and magic. The serial-position effects were described for the first time by Hermann Ebbinghaus (Ebbinghaus et al., 1885/1913) and they state that the memory recall of an element varies as a function of its position inside the sequence. In the context of episodic memory, primacy and recency effects (the first ones or the last ones present higher recall) have been reported in different contexts such as TV ads (Terry, 2005; Li, 2009), chronological memories (Roediger and Crowder, 1976), parking locations (Da Costa Pinto and Baddeley, 1991), music (Overstreet and Healy, 2011) or internal mentation (Stawarczyk & D’Argembeau, 2019). However, rates of recall are really low in the long-term, so studying how serial-position effects will affect pure episodic memories in the long-term is challenging. Indeed, many magicians have elaborated their own theories about how to structure magic shows, but these magician’s theories have never been tested experimentally. Studying how the position of a magic trick inside the show affects recall can be beneficial both for neuroscience and magic. Here, apart from studying memory decay of magic tricks and its saliences, we particularly checked if any

serial-position effect was observed in magic tricks at different times, from just after the show up to 4.5 months.

2. Methods

A professional magician (one of the authors, MAG) performed a real magic show of approximately 45 min that consisted of eight different magic tricks (trick#1 - trick#8, Supplementary material). We define a trick as an illusory feat containing a single or multiple moments of apparent impossibility under a common plot motif. To preserve the ecological relevance of the experiment and avoid the Hawthorne effect (Mayo, 1933), we did not study each trick in isolation, as we would in a laboratory setting, but as part of a conventional magic show performed live in front of the audience. The show included both coins and card tricks which differed in complexity. They all belong to the professional repertoire of the magician, usually performed in front of lay people. The tricks were performed in front of three groups of participants (n = 118, 62 female, M = 40.6, SD = 15.7). Each group witnessed all eight tricks and had no interaction with the other groups. The whole experiment was run within the same day (30th October 2019, Barcelona), in the same room, and with consecutive sessions. Participants of one group were also instructed not to interact with other participants, and were asked to leave the room through a different door to minimize any possible interaction. Two out of the three groups (n = 76: onward#1 = 38, onward#2 = 38) viewed the tricks in the onward sequence (trick#1 - trick#8) while the remaining group (n = 41) viewed the same tricks in backward sequence (trick#8 - trick#1). We used two onward sessions to test memory robustness of magic tricks as well as for introducing minor modifications not addressed in this publication (Supplementary material). Unbeknownst to the participants in advance, at the end of the show they were given a blank sheet of paper where they had to individually and freely recall the tricks they remembered to have just seen, under the instruction “What tricks do you remember?”. After 10 days, they received an unexpected email asking them to list again the tricks they remembered (80.3% answered, n = 94). Another email was sent after 1.5 months (45 days, 60.7% answered, n = 71) and a final one was sent 4.5 months after the show (135 days, 44.9% answered, n = 53) asking participants to list the tricks they remember. In the online interactions, participants were explicitly asked not to check the chain of previous emails. A schematic design of the experiment is illustrated in Figure 2.

For the analysis, each trick was considered as a binomial variable: “remembered”- “not-remembered”. We considered that a trick was “remembered” by a spectator when at least one of its saliences was reported. A salience is defined as any concrete aspect of the performance (prediction, travel, disappearance, plot, props used, etc.) that makes reference unambiguously to a particular trick (see Supplementary material).

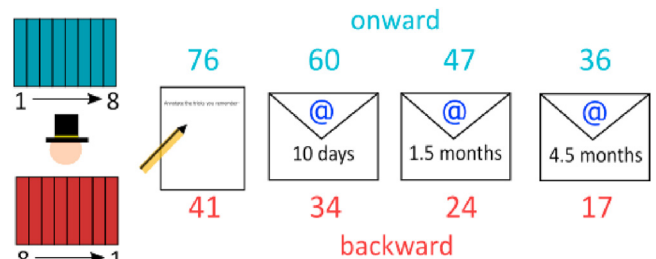


Figure 2. Experimental design. Total amount of responses from participants who viewed the onward sequence (in blue, onward#1 + onward#2) and total amount of responses for participants who viewed the backward sequence (red). Subjects were asked to report the tricks they remembered four times: just after the show, 10 days after, 1.5 months after and 4.5 months after. Except for the first one, which was done onsite, the rest of the memory tests were carried out by email.

The analysis was computed with mixed logistic regressions models. We used them to evaluate recall over time and the models fitted an intercept for each subject. For group comparisons, we used the two-proportion z-test for groups of $n = 2$ and the Dunn's test correcting for multiple comparisons for groups of $n > 2$. Multiple comparisons tests were computed using the statsmodel package of python, version 0.9.0. For the mixed logistic regression model, we used the R package lme4. For all cases, $\alpha = 0.05$.

The tricks were performed by magician Miguel Angel Gea (co-author and the professional magician who carried out the show). The selection of the tricks was consensuated between the researchers and the professional magician. A video of the complete show (corresponding to the onward#1 group) can be found here: <https://youtu.be/b1YZutaGmvU>.

Raw data (extracted saliences across time and participant) and codes (both for the analysis of the data and the generation of the figures) can be found in the following Github repository: <https://github.com/davidbestue/episodic-memory-magic>.

In accordance with ethical standards, procedures were approved by the institutional review board of the University Miguel Hernández from Alicante (reference 2019.264.E.OIR to AGM). All participants were over 18 years old that signed a consent form agreeing to be filmed during the show and also agreeing to be contacted by email again in the future.

3. Results

What do people remember after a magic show? Is there any serial-position effect of the tricks both in the short and the long-term? To answer these questions, eight different magic tricks were specifically selected for this experiment (trick#1 - trick#8) and performed by a professional magician in front of three groups of participants ($n = 117$). Two groups ($n = 76$) viewed the tricks in the onward sequence (trick#1 - trick#8) while the remaining group viewed the same tricks in backward sequence (trick#8 - trick#1). They freely recalled the tricks they remembered at the end of the show, 10 days after the show (80.3% answered, $n = 94$), 1.5 months (45 days) after (60.7% answered, $n = 71$) and 4.5 months (135 days) after (40.7%, $n = 48$). This experimental design (Figure 2) allowed us to test memory recall for different magic tricks and look for the interaction of serial-position effects with time.

First, we evaluated the memory decay of magic tricks. We found a clear memory decay with time (mixed logistic regression: $\beta = -0.052$, $SE = 0.007$, $t = -7.31$, $p < 0.001$) when collapsing the data by trick and session (Figure 3). Differences between all times were found (multiple comparison Dunn tests; except the comparison 1.5 months–4.5 months, $p = 0.11$). This decay was systematic across magic tricks and sessions.

Magic tricks decayed with time as standard episodic memories but still presented significant recall after 4.5 months ($t = 14.33$, $p < 0.001$).

Then, we checked the robustness of magic tricks to study memory-related effects. We compared, trick by trick, the two groups that viewed the tricks in the onward sequence (onward#1 and onward#2). No difference was observed (multiple comparison Dunn test) for any tricks between the two groups, showing strong stability of the inherent memorability of each trick. Compared to the group that viewed the same tricks in backward sequence, statistical differences were observed for tricks #1, #3, #7 and #8 (Supl. 1 and Supl. 2). Together, these results illustrate that tricks have a different value of intrinsic memorability that gives a stable average of recall. The stability observed trick by trick allowed us to merge the two groups that viewed the onward sequence and compare them with the one that viewed the backward sequence (Supl. 3) for the coming analysis of the serial-position effect.

We then investigated the role of the sequence order (onward/backward) in the memorability of each magic trick after the show. We found that sequence direction enhanced the recall of the last trick performed (trick#8 in onward sequence and trick#1 in backward sequence). This recency effect (Figure 4, left) was quantified with a two-proportion z-test (trick#1: $z = 4.15$, $p < 0.001$ & trick#8: $z = -5.53$, $p < 0.001$). The only trick that presented differences was trick#7, in the same direction as trick#8 ($z = -2.97$ & $p = 0.003$). These results show that, for most of the tricks, the memorability of the trick is independent of the serial-position and just depends on intrinsic memorability (strength of the effect, hookable saliences, etc.). However, those tricks placed at the end of the show benefit from recency effects only right after the show, independently of its intrinsic memorability.

The previously reported short-term memory gain (recency) made us wonder how this effect evolved with time. To evaluate that, we checked the interaction in each trick between sequence order (onward/backward) and time (just after, 10 days and 1.5 months and 4.5 months). No interaction would imply standard monotonic decay, while an interaction would indicate that short-term memory gains do not necessarily translate into long-term memory gains for episodic memories. When modeling the recall (binomial) as a function of the interaction sequence order (onward/backward) - time (after/10/45/135 days), the interaction was significant for trick#1 and trick#8 ($\beta = -1.07$, $SE = 0.4$, $z = -2.66$, $p = 0.008$ and $\beta = 1.27$, $SE = 0.33$, $z = 3.8$, $p < 0.001$, respectively), revealing a recency effect of position that does not translate into long-term memory gains (Figure 4). The detailed model can be found in Supl. 4 and Supl. 5. This analysis was dissected by saliences (Supl. 6 and Supl. 7), revealing that order effect holds even when removing the “trick” construct. Both trick#1 and trick#8 were significantly remembered after

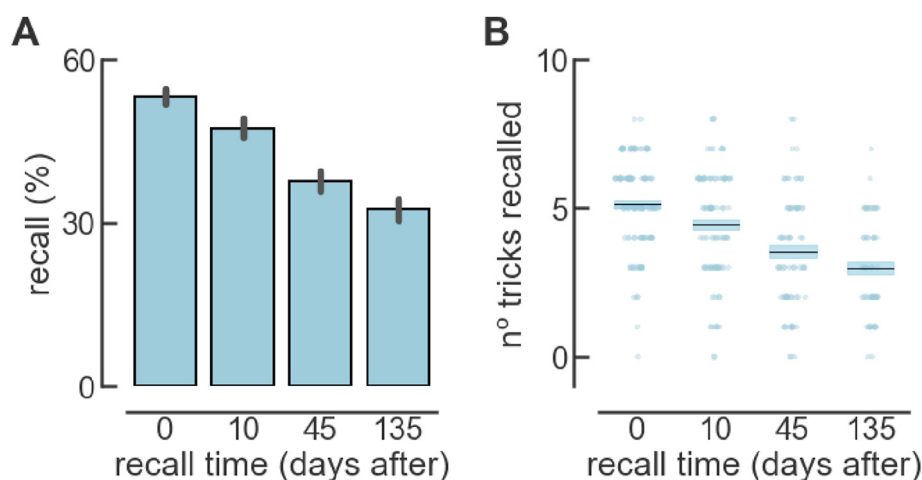


Figure 3. Memory decay. A) Percentage of tricks recalled at different times (mean and s.e.m). B) Average number of tricks remembered by each participant at different times. Each dot depicts an individual subject. The box reflects the mean and the s.e.m.. Memory decay is also observed with this measure (mixed linear regression: $\beta = -0.797$, $SE = 0.018$, $t = -44.8$, $p < 0.001$).

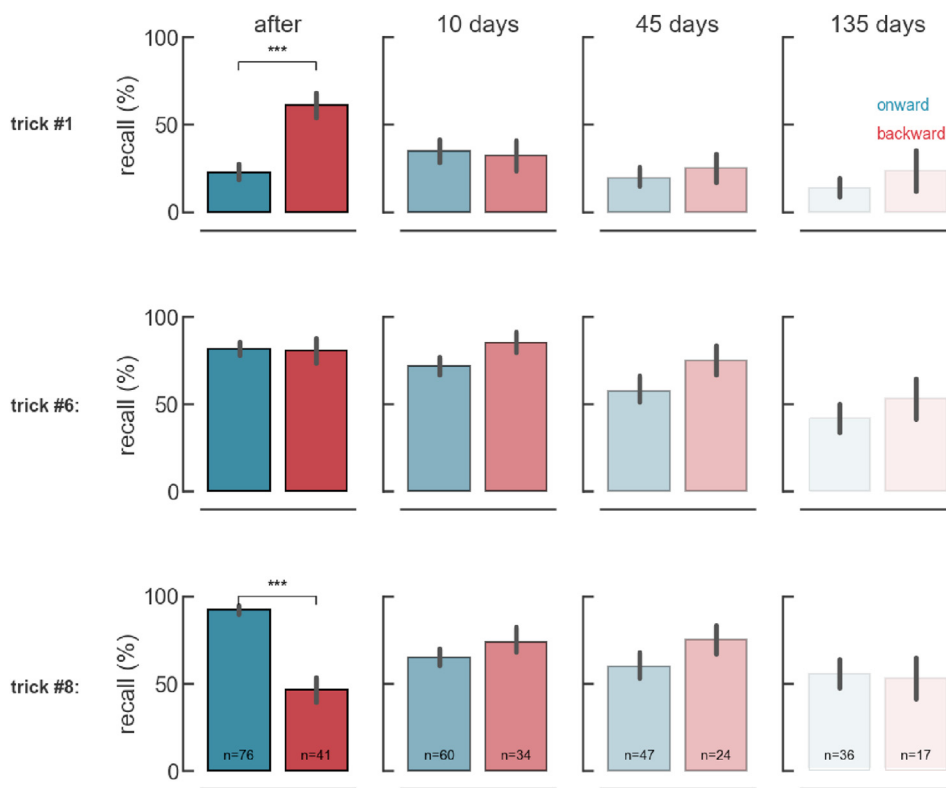


Figure 4. Recency effects are not maintained in the long-term. Recall for the first and the last trick (trick#1 and trick#8) of the session with time splitted by sequence order (onward/backward). Memory gain observed just after the show (left) for the last trick in each sequence order. This effect vanishes with time (right), resulting in significant interactions order-time when tested with a mixed logistic regression (Supl. 4 and Supl. 5). Trick#6 is also included as an example of an intermediate trick. Tricks in the middle that are equally maintained after 4.5 months do not present the interaction order-time (trick#6: $\beta = 0.35$, $SE = 0.38$, $z = 0.94$, $p = 0.35$).

4.5 months (trick#1 onward: $t = 2.3$, $p = 0.02$, backward: $t = 2.13$, $p = 0.03$; trick#8 onward: $t = 5.26$, $p < 0.001$, backward: $t = 3.5$, $p < 0.001$). This was not the case in trick#2, which was not significantly remembered in either session after 4.5 months (trick#2 onward: $t = 1.77$, $p = 0.07$, backward: $t = 1.46$, $p = 0.145$) nor in trick#4 (Supl. 8), whose recall for the backward session was not significantly different from 0 (trick#4 backward: $t = 1.02$, $p = 0.31$). In trick#4, we also found a significant interaction order-time ($\beta = -1.07$, $SE = 0.46$, $t = -2.3$, $p = 0.02$). In this trick, no differences are observed after the show ($t = 0.58$, $p = 0.56$), so the interaction is driven by memory extinction instead of serial-position effects (as in trick#1 and trick#8). Besides trick#1, trick#4 and trick#8, no other trick presented the interaction order-time. In sum, our results clearly show that long-term episodic memory was not affected by serial-position effects. Instead, their recall depended solely on the intrinsic memorability of each trick.

4. Discussion

Magic tricks are an invaluable tool to study cognitive processes in the real world (Camí et al., 2020), such as episodic memories as we did with the current study. In Pause et al. (2013), seven criteria are proposed to investigate episodic memory. Surprisingly, magic tricks in the context of a real show accomplish all seven: first, they can be tested and manipulated under laboratory conditions. Second, they are not explicitly instructed to be memorized. Third, they have an intrinsic emotional component. Fourth, they are a one-trial learning event. Fifth, they include: what, where and when information. Sixth, the context of the show makes the memory test unexpected. Finally, the test can be performed after a long retention interval with elevated recall. Regarding the last point, we observed high rates of recall after 4.5 months. Other studies have found significant recall in the long-term (Da Costa Pinto and Baddeley, 1991; Hirst et al., 2009) but magic tricks have less sociocultural hooks and are harder to remember (card tricks in particular, as recently suggested by the magician Joshua Jay (Jay 2016)). Magic tricks are dissonant situations with no influence on our lives, so are less likely to be

retrieved on a daily basis (Steinkraus, 1979; Camí and Martínez, 2020). Regarding the strength of magic tricks for future memory experiments, they are complex ecological stimuli, they have minimal sociocultural associations, minimizing the probability of sporadic retrievals, and they present elevated maintenance in the long-term.

When addressing serial-position effects, we found recency effects just after the show that were not maintained in the long-term. With this result, we described how serial-position effects evolve with time when using real-world episodes. Previous studies of working memory reported that introducing a task that demanded cognitive effort before the recall cancelled recency effects (Postman and Phillips, 1965; Glanzer and Cunitz, 1966; Bjork and Whitten, 1974). However, when this effect is present in recall, the gains should also be reflected in the long-term if we consider a monotonic decay of memory (Roediger and Crowder, 1976; da Costa Pinto and Baddeley, 1991; Grillon et al., 2008; Souza and Oberauer, 2017). Compared to previous studies, ours showed elevated memory recall (Misra et al., 2018) with minimal sociocultural hooks (Da Costa Pinto and Baddeley, 1991). Bjork and Whitten (1974) glimpsed the disappearance of serial-position effects after 24 h, but it was done with sequences of numbers and minimal recall. When looking at more stable sequential memories in the long-term, as the list of presidents of the USA (Roediger and Crowder, 1976), primacy and recency effects are reported, evidencing that naturalistic episodic events are stored in a different way than learned sequences (Davachi and DuBrow, 2015). The main implication of the study regards the relation between short-term and long-term memory: previous studies observed that increased short-term memory maintenance lead to stronger long-term memory recall (Hartshorne & Makovski, 2019; meta-analysis) as well as predicted a monotonic decay of long-term memory with time (Ebbinghaus et al., 1885/1913; Wixted and Carpenter, 2007). Our results, however, point towards a model where short-term mechanisms provide a gain to the intrinsic memorability of the event and where long-term memory decay is independent of these gains and has its starting point in the intrinsic memorability of the event. Taken together, our results provide new insights into the standard short-term memory and long-term memory interplay (Atkinson and

Shiffrin, 1968; Ericsson and Kintsch, 1995; Baddeley, 2000) to include this intrinsic memorability of the events in episodic memory. However, larger sample sizes and more detailed delays must be included before exploring new models of memory decay.

A main limitation of our study is that participants were interrogated four times (just after/10/45/135 days), and not just one as proposed in Pause et al. (2013). Acknowledging the possibility of a slight anchoring effect (participants were subsequently reasked by email), the fact that episodic memory decays lessens this concern while illustrating the suitability of magic shows to study memory. A secondary analysis excluding the recalls 1.5 and 4.5 months later still found the significant interaction order-time just for trick#1 and trick#8 ($\beta = -3.87$, $SE = 1.22$, $z = -3.17$ $p = 0.002$ and $\beta = 4.11$, $SE = 1.07$, $z = 3.83$, $p = 0.001$, respectively), indicating that the observed short-term memory gains from serial-position effects disappeared soon after the show further suggesting no anchoring effects. Other limitations came due to the nature of magic tricks: magic tricks can not be done twice, as knowing the final result ruins the surprise component of the trick. For that reason, we could not compare the onward session to the backward session in the same subjects, which would help to reduce subject variability. However, the fact that no differences in memorability were found between sessions one and three in any trick (both onwards, Supl. 2) makes us think subject variability is small when using magic tricks as stimuli. A final limitation regards the complexity of magic tricks: magic tricks trigger simultaneously many cognitive processes (Bestue, 2019; Camí et al., 2020) so modeling approaches should be taken carefully due to possible interactions with other cognitive processes.

These results also have implications for the magic community. Magic theories are formulated without previous hypotheses (*a posteriori*) and from subjective data (the magician evaluates if the spectator has enjoyed the trick). This trial-and-error methodology generates many untested theories regarding the same topic, and the order of the effects in a show is not an exception. For attentional and theatrical purposes, the first and last trick are always supposed to be stronger than the rest (Giobbi, 1996; Ortiz, 1995; Tamariz, 2019). However, this hypothesis is not extrapolable to memory, as recall decayed to baseline independently of the order. Corroborating the idea that attentional/theatrical techniques regarding the order do not necessarily increase memorability, no primacy effect was observed here. An important point of the study is the style of the magician, who performed with no theatrical link between the tricks (like singers with their songs). This fact was essential to study serial-position effects, as we wanted to avoid fomenting temporal clustering (Kahana, 1996). However, we hypothesize that under a dramatic structure that links the tricks, different results might be found. In this line, a proposed future experiment would be to theatrically link the tricks and to check if this modification changes the results.

In sum, memory decay was found to be independent of short-term related memory gains. The disappearance of this recall gain with time clearly shows that the starting point of memory decay does not originate from the combination of short-term and long-term mechanisms. Future memory models have to be developed to account for this intriguing phenomena. The fact that magic tricks memorability had never been studied in a longitudinal way (repeated observations of the same subjects) up to this point, opens up the door to inspect other theories, such as the role of emotion in memory (Phelps, 2006) or the formation of false memories (Loftus and Pickrell, 1995). Future research may find in magic not just a valuable tool for episodic memory rather an unexplored avenue to study cognition in the real world.

Declarations

Author contribution statement

J. Camí: Conceived and designed the experiments; Performed the experiments; Analyzed and interpreted the data; Wrote the paper.

D. Bestue: Analyzed and interpreted the data; Contributed reagents, materials, analysis tools or data; Wrote the paper.

L. M. Marinez, A. Gomez-Marin: Conceived and designed the experiments; Performed the experiments; Wrote the paper.

M. A. Gea: Conceived and designed the experiments; Performed the experiments.

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Competing interest statement

The authors declare no conflict of interest.

Additional information

Data associated with this study has been deposited at Github repository: <https://github.com/davidbestue/episodic-memory-magic>.

Supplementary content related to this article has been published online at <https://doi.org/10.1016/j.heliyon.2020.e05260>.

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