

PRBB Intervals Course Proposal

Course Title Understanding career opportunities that best exploit your skillset

Proposed date(s) November 11th and 13th

Course Language English

Course Leader(s) and very brief summary of relevant qualifications and experience (no more than 2 lines for each trainer) Roni Wright is an experienced postdoc, teacher and trainer, providing university classes and courses for scientists on oral presentation skills and time management.

Rationale for course (why is this course of interest for the PRBB staff?)

There are a wide range of job and career opportunities after a PhD. This course will highlight and discuss examples of different career options within the job market, the skills required and the unique challenges posed by each. Working together as a group and individually participants will be able to identify their own strengths and weaknesses as well as what motivates and drives them in their careers. To give them the confidence to pursue suitable opportunities that are a good fit for them. In addition, we will work on refining social network presence and provide tips and advice on how to use online networking sites to further increase job opportunities.

Course aim - general

The aim of this course is to give participants an overview of different career options and through personal assessment understand their own motivations, strengths and weaknesses. To give them the confidence to choose the job opportunities that are the best fit for them.

Specific learning outcomes (what new skills, knowledge &/or attitudes will participants take away from the course?)

- Personal assessment own strengths and weaknesses.
- Self-knowledge.
- Examples of job opportunities.
- Online networking tips.

Course contents (outline of topics to be covered)

- Personal assessment understanding your own strengths and weaknesses in the workplace.
- Self-knowledge, understanding your personal motivations, drivers in your career.
- Examples of specific job opportunities after a PhD outside the postdoc, group leader career path.
- Q&A with few professionals; MBA: investment and scientific writing/illustration.
- Knowledge of the skills, attributes learnt during a PhD and how these skills can be translated to and are highly valued at other jobs in the marketplace.
- How to use online networking sites such as LinkedIn to your best advantage to advance your career.

Training methods

Online course

Presentations by trainer

Group discussions

Online interactive questionnaires, quizzes and games

Q&A with a few professionals working in different careers after finishing their PhDs (MBA, Investment, Scientific writing and Illustration)

Target group in PRBB (Senior scientists, postdocs, predocs, management/admin staff, all residents)

Postdocs/Predocs

Number of participants (maximum)

12

Total course hours (Please specify: direct training with instructor present and required self-study)

Note: only the direct training hours will be included in the post-course certificate.

Number of hours of class time: 4.5hrs

Number of hours of self-study: 1hr

Total number of course hours: 5.5hrs

Distribution of course (hours/days) 2 sessions, 2/2.5 hours per session

Pre-course preparation and/or between sessions? None

Material participants need to bring (laptops, etc...) Online course requiring own equipment including camera and microphone.

Relevant background reading/ audiovisual/websites or other materials None prior, links to further reading and further personal development will be provided during the course.